

Timor-Leste Medical Providers

Medical Providers in Timor-Leste: Inexhaustive information about routine, specialist, emergency, diagnostic, pharmacological, and medevac services is provided below. Limited medical care is available in the capital Dili, and fewer options exist throughout the rest of the country. Serious medical problems can require medical evacuation and cost thousands of dollars, if available.

Information on vaccinations and other health precautions may be obtained from the Centers for Disease Control and Prevention's hotline for international travelers at 1-800-CDC-INFO (1-800-232-4636) or via the CDC's website (<http://www.cdc.gov/travel>). For additional information about infectious diseases outside the United States, visit the World Health Organization's (WHO) website at <http://www.who.int/en>. To view the U.S. Department of State's Timor-Leste Travel Advisory page, visit <http://www.travel.state.gov>. Click [here](#) to visit the U.S. Embassy's COVID-19 webpage.

Medical Insurance: The Department of State strongly urges Americans to consult with their medical insurance provider prior to traveling abroad. It is important to confirm whether insurance policies apply overseas and whether they will cover emergency expenses such as medical evacuations. Travelers may wish to consider purchasing travel insurance with supplemental medical and medevac coverage. Please see the CDC's travel advice and resources webpage for more information: <https://wwwnc.cdc.gov/travel/page/traveler-information-center>.

Medical Facilities in Dili (in alphabetical order):

Cindranita Lab, Pharmacy, and Dentistry

Cindranita is both a diagnostic medical facility and dental lab. Staff may speak English, but English-language service is not guaranteed. The facility performs basic blood and urine analysis. It also offers EKG, x-ray, and pharmacological services. The dentist is available by appointment. Services may only be paid in cash.

Address: Rua Avenida, Fatuhada, Dili

Phone: (+670) 796-3962 / 7726 4460

Email: cintalab@yahoo.com

Hours: Mon to Sat: 8am-9pm

DMC Dili Medical Center

Dili Medical Center is a private clinic offering limited diagnostic and specialist services.

Address: Rua de Justica, Colemera, Dili

Phone: +670 77428888

<https://www.facebook.com/660085374604470>

Hours: Mon-Fri: 9am-9pm; closed on Sunday and public holidays

Guido Valadares National Hospital

The National Hospital has emergency, basic medical imaging (including x-ray and ultrasound), ophthalmological, dermatological, obstetric, gynecological, and general practitioner services.

There is no guarantee that the medical staff will speak English, and they do not provide

translator services.

Location: Rua da Circunvalacao, Bidau neighborhood, Dili

Phone: 670-331-1008

Hours: 24 hours/7days a week.

Marie Stopes International

The clinic provides sexual and reproductive health services. No appointment is necessary.

Prices for services vary.

Address: Rua de Be-Mori (Antiga Rua Belarmino Lobo)

Phone: (+670) 332 2841

Email: mstl@mariestopestl.org

Hours: Mon-Fri: 8.30am-5.30pm; Sat: 9am-1pm.

Stamford Medical

Stamford provides primary, emergency, and preventative care. The clinic also offers basic medical imaging, blood testing, and urinalysis. Staff may be English proficient, but English-language service is not guaranteed.

Address: Rua Martires da Patria, Mandarim, Dili

Phone: 670-331-0141, 331-1209; Emergency 24/7 hotline: 670-7772-1111

Email: info@stamfordmedical.com

Hours: Mon-Fri: 9am-6pm; Sat: 9am-1pm; closed on Sundays and public holidays

Pharmacies: The Embassy does not vouch for the quality or availability of medications available in the country, and it recommends bringing needed medications before traveling to Timor-Leste. Not all pharmacies will have English-speaking staff. The following pharmacies are listed in alphabetical order:

333 Clinic & Pharmacy

Location: Avenida de Portugal, Marconi

Phone: (+670) 7733 3804

Email: 2534097518@qq.com / dzm197@yahoo.com

Hours: Monday to Saturday from 09:00am-7pm

Cindranita Lab, Pharmacy, and Dentistry

Address: Rua Avenida, Fatuhada, Dili

Phone: (+670) 796-3962 / 7726 4460

Email: cintalab@yahoo.com

Hours: Monday to Saturday 8am-9pm

Foho Osan Mean

Address: 15 Rua de Outubro, Dili (by football stadium)

Phone: (+670) 77256978 and 77993963

Email: theodorafiorida@yahoo.com

Hours: Monday to Saturday 8am-10pm, Sunday 9am-8pm

K-24 Pharmacy

Address: Rua 25 de Abril, Colmera

Phone: (+670) 7312 1111,
Email: timorleste.dili@apotek-k24.com
Hours: Daily 7am-10pm

Moris Foun Pharmacia

Address: Mouzinho De Albuquerque, Colemera
Phone: (+670) 77268773
Email: morisfoun@gmail.com
Hours: Monday to Saturday 8am-8pm, Sunday 1pm-7pm

Air Ambulance Services: The following providers have operated in Timor-Leste and plan to offer future services, but may not be currently available due to COVID-19 travel restrictions. Please confirm directly with the providers for service availability.

AirMed

24/7 Emergency Line: +1 800 356 2161 or +1 205 443 4880
General Inquiries/Sales: same as above
Fax: +1 205 443 4841
Web: www.airmed.com
Consult website for pricing and availability.

Careflight International

24/7 Emergency Line: (+61) 1300 655 855
General Inquiries: (+61) 2 9893 7683
Fax: (+61) 2 9689 2744
Email: international@careflight.org
Web: www.careflight.org
Consult website for pricing and availability.

International SOS

24/7 Emergency Line in Singapore: (+65) 6338 7800 or (+65) 6338 9277
General Inquiries/Sales: +1 800 523 8662 or +1 215 942 8333
Web: www.internationalsos.com
Consult website for pricing and availability.

Hospitals outside of Dili: The following offer limited routine, specialist, and emergency medical care. They are presented in alphabetical order. English-language service at the below providers is not guaranteed. Directly contact the providers for service details.

Aileu Hospital	+670 373 0011
Ainaro Hospital	+670 243 0111
Baucau Hospital	+670 413 0024
Ermera Hospital	+670 383 0013
Liquiça Hospital	+670 363 0012
Lospalos Hospital	+670 443 0009
Maliana Hospital	+670 233 0012

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Manatuto Hospital	+670 423 0009
Oecussee Hospital	+670 253 0027
Same Hospital	+670 213 0011
Suai Hospital	+670 223 0011
Viqueque Hospital	+670 433 0011